



Sunday, January 8, 2012



AMH



Speed Skate-Skate Ski Duathlon

Midtown Park

Men: ~4km skate, ~4km ski

Women: ~3km skate, ~3 km ski
+ kids race



Event is a fundraiser for
Nice Ice

At the Midtown Park Speedskating Oval

Registration at noon

Races start at 1PM

\$15 - pay the day of the race
+donation to ice maintenance

Categories:

Men, Women, Mixed, Kids
Individual or Relay

More Info:

<http://www.alaskaspeedskating.com/duathlon.htm>

Peter Haeussler: 862-6586, Marc Phillips: 564-8314

**Skate skiers:
learn speedskating
technique:
Mondays
12:15-1:15PM**



Nordic Ski Association Anchorage

